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Steam Trap Performance

The Key to Two-Pipe Steam System Efficiency

When customers complain about excessive fuel consumption in a two-pipe steam system, the root cause is often misunderstood—or completely overlooked. The most common and most costly culprit is improper steam trap operation. While hot-water systems dominate modern discussions on efficiency, thousands of legacy steam systems remain in service, many operating far below their intended performance due to neglected trap maintenance.



A two-pipe steam system is fundamentally a **pressure-driven thermal transport system**. When operating correctly, it delivers rapid, even heat at remarkably low pressures. When trap performance fails, the system loses its pressure differential, air removal capability, and condensate control—creating a cascade of inefficiencies, comfort complaints and fuel waste.

The Prime Mover of Steam Distribution

Steam distribution is governed entirely by **pressure differential (ΔP)**. Steam naturally migrates from higher pressure at the boiler to lower pressure at terminal units. When steam contacts cooler pipe walls and radiator surfaces, it transfers latent heat and condenses into liquid water. This phase change causes a localized pressure drop, which continuously draws fresh steam forward through the system.

In a properly operating **two-pipe configuration**, steam is delivered to the radiator through the supply riser while condensate exits through the return line. This separation of flow paths allows for quieter operation, improved heat transfer and stable pressure control—but only if steam is prevented from entering the return piping. That is the steam trap's primary function.

Steam Trap Operating Principle

Most radiator traps utilize a **thermostatic bellows as-**

sembly charged with a volatile liquid mixture (typically alcohol and water) under vacuum. The mixture is calibrated to vaporize near 180°F at atmospheric pressure.

The operating sequence is as follows:

1. Startup (Air Removal Mode)

At startup, the bellows is contracted and the valve plug is open. Air is displaced from the radiator through the trap into the return piping.

2. Steam Arrives (Trap Closure)

As steam reaches the trap body, temperature rises rapidly. The volatile mixture vaporizes, expanding approximately 1,700 times in volume. This expansion drives the bellows outward, forcing the plug tightly against the seat. **The trap closes in the presence of steam**, isolating the return line from live steam.

3. Condensate Drainage (Re-Opening Cycle)

As the radiator sheds latent heat, condensate cools below steam temperature. The vapor inside the bellows condenses, the bellows contracts, the plug lifts and liquid water discharges into the return.

This cycling process repeats continuously throughout each heating cycle. The trap simultaneously:

- Vents air
- Traps steam
- Discharges condensate

No electrical control. No pumps. Pure thermodynamic response.

When Traps Fail

1. Trap Fails Closed

When a trap fails in the closed position, air cannot escape the radiator. Since steam cannot displace trapped air, the radiator remains cold. Service technicians often respond incorrectly by increasing system pressure at the pressuretrol. While this temporarily compresses the trapped air and allows some steam penetration, it introduces new problems:

- Elevated steam temperature
- Radiator overheating
- Window-opening in winter
- Excess boiler cycling
- Dramatically higher fuel usage

This is a classic example of masking a control failure with brute-force pressure.

2. Trap Fails Open

An open trap allows live steam to enter the return piping. As multiple traps fail open:

- Return pressure rises
- Supply-to-return pressure differential collapses
- Steam distribution stalls
- Remote radiators starve
- Condensate return velocity becomes unstable

In many buildings, tenants near failed traps overheat while distant zones freeze. The overheated tenant never complains—because their solution is simply to open the window. Meanwhile, the owner pays for steam that never performs useful work. Once ΔP collapses, the steam system becomes thermodynamically paralyzed.

The Air Variable

Air is always present:

- Before startup
- Between cycles
- From infiltration and solution release

Air and steam are both gases, but **their densities differ enough to block each other's motion**. Steam cannot occupy pipe volume already filled with air. That is why:

- One-pipe radiators require air vents
- Two-pipe radiators rely entirely on trap venting capacity

When traps cannot vent air properly, the system becomes hydraulically locked.

Dangers of Adding Air Vents to Two-Pipe Radiators

A common but destructive service error occurs when technicians install one-pipe air vents on two-pipe trapped radiators after hearing air escape when the trap cover is removed. While this may temporarily restore heat, it produces hydraulic chaos:

- Steam now enters from both supply and return risers
- Condensate attempts to drain against opposing steam velocity
- Return piping—never designed for counterflow—floods
- Water hammer, spitting vents and radiator surge follow

This is not a venting solution. It is a flow-direction failure. The proper repair is always **trap repair or trap replacement**—never bypass venting.

Explaining Traps to Building Owners

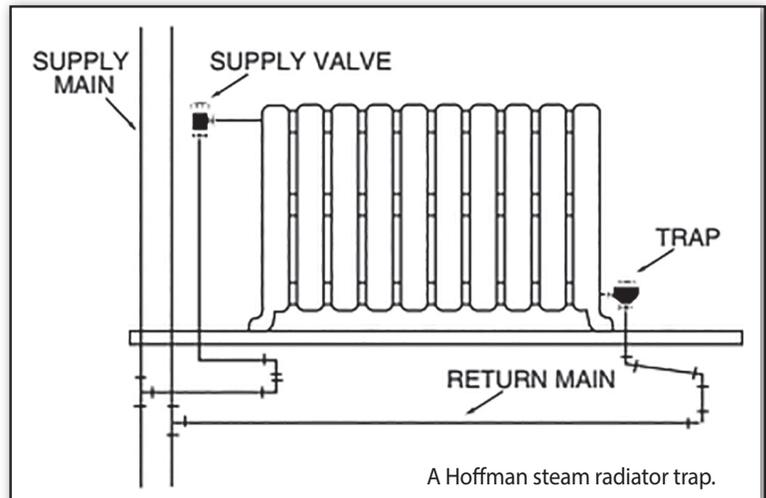
A two-pipe steam system behaves exactly like a laddered pressure network:

- One rail = steam supply
- Other rail = condensate return

- Each rung = radiator with a trap acting as a pressure check valve

If steam leaks across the rungs (failed traps), the entire ladder equalizes in pressure—eliminating motive force. The same principle applies to air compression: once equal pressure exists, flow stops completely.

At that point, the boiler may still fire—but distribution efficiency collapses.



Traps Are Not Optional Hardware

Steam traps are not “brass elbows.” They are:

- Thermodynamic phase regulators
- Differential pressure safeguards
- Condensate metering devices
- Air elimination valves

Neglecting them converts a low-pressure steam heating system into a high-pressure energy-wasting machine. Bad traps cause:

- Uneven heating
- Elevated fuel costs
- Excess pressure operation
- Water hammer
- Corrosion acceleration
- Premature boiler failure
- Chronic tenant complaints

Maintained traps restore:

- Proper ΔP
- Fast heat response
- True low-pressure operation
- Stable condensate return
- Fuel savings often exceeding 15–30%

If you have any questions or comments, e-mail me at gcarey@fiainc.com, call me at (800) 423-7187 or follow me on Twitter at @Ask_Gcarey.ICM